

# Pain Management After Wisdom Tooth Surgery

With the overwhelming opioid epidemic in the US, Parkway Oral Surgery has taken a step in the right direction by going narcotic or opioid free at our practice for pain management!

In this day and age, it is more beneficial to our patients to phase out the use of narcotics with a non-opioid option for pain control. We have been using Exparel in our practice for some time now with great success and have nearly eliminated the need for anything stronger than regular ibuprofen (Advil) and acetaminophen (Tylenol).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Start</b></p> <p>Antibiotic (every 8 hrs) Peridex (twice daily)</p>	<p>Antibiotic (every 8 hrs) Peridex (twice daily)</p>	<p>Antibiotic Ibuprofen (1 hr before surgery)</p> <p><b>Surgery Day</b></p> <p>6 hrs <u>AFTER</u> surgery Continue antibiotic, Ibu+Tylenol (every 8 hrs)</p>	<p>Antibiotic (every 8 hrs) Peridex (twice daily) Ibu + Tylenol (every 8 hrs)</p>	<p>Antibiotic (every 8 hrs) Peridex (twice daily) Ibu + Tylenol (every 8 hrs)</p>	<p>Antibiotic (every 8 hrs) Peridex (twice daily) Ibu + Tylenol (every 8 hrs)</p>	<p>Antibiotic (every 8 hrs) Peridex (twice daily) Ibu + Tylenol (every 8 hrs)</p>

## Medication Schedule

### Antibiotic (Amoxicillin)

Take ONE (1) pill every 8 hours until finished.

Start taking pill TWO (2) days BEFORE your surgery and FIVE (5) days after.

On the day of surgery, take your pill with your Ibuprofen ONE (1) hour BEFORE surgery.

### Ibuprofen 800mg (Ibu)

Take one(1) pill ONE (1) hour before your surgery with your antibiotic.

Take one(1) pill with Extra Strength Tylenol (500mg) together every 8 hours as needed for pain.

### Extra Strength Tylenol (500mg) over the counter

Take TOGETHER with Ibuprofen.

### Peridex (Chlorhexidine)

Swish and spit 15cc for 30 seconds TWICE daily for 10 days.

Start using rinse TWO(2) days before surgery and EIGHT(8) days after.

### AFTER YOUR SURGERY:

Continue to take the antibiotic as prescribed.

SIX(6) hours after your surgery, start taking your prescribed ibuprofen and Tylenol together every EIGHT(8) hours.

SKIP the mouth rinse after your surgery and continue it the NEXT day.

\*\*If after your surgery, you feel the ibuprofen and Tylenol are not sufficient enough for your pain, please feel free to contact us at the office anytime so we can explore other options for you. Your comfort is our top priority!

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