

# Parkway Oral Surgery and Dental Implant Center

## Pre-Operative Instructions



Patient's Name: \_\_\_\_\_

Date of Surgery: \_\_\_\_\_ Time: \_\_\_\_\_ AM/PM

1. **Nothing to Eat or Drink 8 hours prior to surgery.** This includes **all solid foods** and **all liquids including water.**
2. You must have a driver who can bring you to the appointment. Your driver is required to stay in the office during your procedure and be available to take care of you up to 24 hours after the procedure. This person needs to be over the age of 18 with a valid license. They should be someone who can take care of your post-operative needs, such as taking you into the house, picking up prescriptions, etc.
3. Please wear comfortable clothing and shoes. **NO contacts, jewelry, dresses, long sleeves, high heels, or flip flops. Patients with long hair, please wear down with no hair clips or buns.**
4. **ABSOLUTELY NO NAIL POLISH**
5. If your health history changes between now and the day of surgery, please let Dr. Mahmood know before surgery so we can accurately update your health history.
6. Your normal morning medications can be taken with small sip of water, for example your high blood pressure medication, unless otherwise directed by the doctor. (Note: If you are diabetic you will need special instructions from the surgeon prior to scheduling for surgery.)

Special instructions: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. Plan on being in the office 2-3 hours the day of surgery.
8. You may need to be off work/school for 3-5 days. A work/school excuse if available if needed.
9. **DO NOT** smoke anything, including marijuana, and do not use any social drugs 48 hours prior to surgery.
10. Minors 17 years and younger must be accompanied by a parent or legal guardian. There are NO exceptions.
11. If you need to cancel your scheduled appointment, please give us 48 hours notice.

*Note: please call the office is symptoms of a head cold, chest cold, or any changes in your health arise.  
Changing your appointment may be necessary.*

**Please keep in mind that failure to follow these instructions may result in rescheduling your surgery.**